

# FAMILY AND COMMUNITY ENGAGEMENT

## COVID-19 Information and Resources for Families

For the most up-to-date COVID-19 information visit: <https://www.scsk12.org/coronavirusfacts/>



### Supporting Children through the Coronavirus Crisis



Keep routines in place



Manage your own anxiety



Stay in touch virtually



SCS COVID-19 Information and Resources  
<https://www.scsk12.org/coronavirusfacts/>

### Center for Disease Control Tips for Children and Friends

#### Testing in Shelby County

##### Baptist Health

All locations (clinics & hospitals),  
by appointment only

##### Christ Community Health

By appointment only  
Text "Test2020" to 91999

Testing Locations: Broad Ave Health Center, Frayser Health Center, Hickory Hill Health Center, Orange Mound Health Center, Raleigh Health Center, Third Street Health Center, and Women's Health Center.

##### UT Health Science Center Drive-Thru Testing at Tiger Lane

By appointment only  
Text "covid" to (901)203-5526



**Limit Social Interactions:** The key to slowing the spread of COVID-19 is to limit contact as much as possible. If you have play dates, keep the groups small. Encourage older children to hang out in a small group and to meet outside rather than inside. It's easier to keep and maintain space between others in outdoor settings, like parks.

**Practice Social Distancing:** If you have small meetups, consider hanging out with another family or friend who is also taking extra measures to put distance between themselves and others (social distancing).

**Clean Hands Often:** Make sure children practice everyday preventive behaviors, such as washing their hands often with soap and water for at least 20 seconds. This is especially important if you have been in a public place.

**Revise Travel Plans:** If you do decide to travel, be sure to take steps to help prevent getting and spreading COVID-19 and other respiratory diseases during travel.

If you or your child(ren) have fever, cough and difficulty breathing, seek medical care early



For the most up-to-date COVID-19 information visit: <https://www.cdc.gov>  
Call your healthcare provider or the COVID-19 Hotline (833) 943-1658