

## Community and Referral Resources



<b>1. Shelter and Housing</b>	Organization	Program	Contact	Phone	Email	Program Description
	<p style="text-align: center;"><b>Catholic Charities of West TN</b></p>	<p style="text-align: center;">Housing Ministries</p>	<p style="text-align: center;">Lou Ann Dunger</p>	<p style="text-align: center;">901.722.4736</p>	<p style="text-align: center;">louann.dunger@acc.cdom.org</p>	<p>Housing Ministries offers three (3) different housing programs: St. Sebastian Veteran Services focuses on Veterans, and their families, who are either currently homeless or at risk of homelessness. St. Sebastian TBRA serves Veterans with disabilities, elderly, or victims fleeing domestic violence. Genesis Homeless Services serves homeless individuals, including homeless Veterans who are ineligible for VA sponsored programs.</p>
	<p style="text-align: center;"><b>Manassas Gardens</b></p>	<p style="text-align: center;">Manassas Gardens Housing</p>	<p style="text-align: center;">Clara Owens</p>	<p style="text-align: center;">901.570.2172</p>	<p style="text-align: center;">cdowensdtd18@gmail.com</p>	<p>Manassas Gardens provides emergency and affordable housing. Clients referred to Manassas Gardens should have a steady source of income and/or employed.</p>
	<p style="text-align: center;"><b>Salvation Army</b></p>	<p style="text-align: center;">New Direction Family Residence</p>	<p style="text-align: center;">Dorothy Ford</p>	<p style="text-align: center;">901.543.8586</p>	<p style="text-align: center;">dorothy.ford@uss.salvationarmy.org</p>	<p>Participate in stabilization classes that will last between 8-12 weeks. Set and meet goals both personal and financial. 3 phases with 7 components that must be completed (i.e., personal care, education, employment. etc.) Trauma-informed group weekly sessions Initial and continued assessments and follow-up for 1 year after program completion. Must meet with licensed counselor.</p>

## Community and Referral Resources



	Organization	Program	Contact	Phone	Email	Program Description
<b>1. Shelter and Housing</b>	<b>United Housing</b>	United Housing Home Sales and Rentals	Valerie Peterson	901.272.1122	vpeterson@uhinc.org	Assistance in providing single family homes, rentals and home repairs for low to moderate income families
		United Housing Lending	Valerie Peterson	901.272.1122	vpeterson@uhinc.org	Providing first mortgage, down payment assistance and home repairs for low to moderate income families
	<b>YWCA of Greater Memphis</b>	Domestic Violence Shelter	Marquiepta Odom	901.278.2728	modom@memphisywca.org	The YWCA Shelter is a 24-hour, 7-days-a-week emergency shelter to assist victims of domestic violence and their families. The YWCA Domestic Violence Crisis Hotline is available 24 hours a day, 365 days a year. Through the crisis line, advocates are available to assist clients with safety planning, crisis counseling, domestic violence prevention information, and social service referrals. The hotline number is 901-725-4277
<b>2. Employment</b>	<b>HopeWorks</b>	Personal and Career Development /Job Skills Training	Gilda Shelby	901.272.3700	gshelby@whyhopeworks.org	Eligibility: Must be 18 years or older. Personal and Career Development is a 13-week tuition-free faith program providing classroom instruction and counseling. Targeted areas are; interviewing skills, resume and employment application, conflict resolution, workplace expectations, financial management, internship, job search assistance and case management. Classes meet Monday - Friday 9am-4pm.

## Community and Referral Resources



2. Employment	Organization	Program	Contact	Phone	Email	Program Description
	<p style="text-align: center;"><b>Meritan, Inc.</b></p>	<p style="text-align: center;">Senior Employment – Title V</p>	<p style="text-align: center;">Desiree Ramacus-Bushnell</p>	<p style="text-align: center;">901.766.0600</p>	<p style="text-align: center;">desireeramacus-bushnell@meritan.org</p>	<p>Must be 55 years of age or older, currently unemployed, live in Shelby, Tipton or Fayette counties and meet income guidelines. The Title V Program is an employment training program, not a job. Participants train with a Non-Profit Agency (known as a host Agency) 20 hours per week at \$7.25 per hour. The goal is that the participant will gain skills and ultimately a full-time unsubsidized job. Training also includes resume skills and technology training.</p>
<p style="text-align: center;"><b>Mid-South Veterans Help Desk</b></p>	<p style="text-align: center;">Veteran Success Program</p>	<p style="text-align: center;">Anthony McClyde</p>	<p style="text-align: center;">901.340.5246</p>	<p style="text-align: center;">nvygya@gmail.com</p>	<p>The Vet Success Program is a tool to help carry out and ensure our First Sergeants Program is equipped to transition our military community to success with gainful and meaningful employment and/or entrepreneurial opportunities. There are five (5) pillars of success that make up our Vet Success Program, they are; Apprenticeship, Education, Entrepreneurial, Employment and Vocational Rehabilitation. Participants who enroll in our program must complete life skills development training in areas such as; career readiness, basic computer literacy, financial readiness, resiliency, developing a workforce and military leadership in a corporate world. Veterans Success Program targets, but is not limited to the veteran and military community. Services are provided to the general community upon availability.</p>	

## Community and Referral Resources



	Organization	Program	Contact	Phone	Email	Program Description
<b>2. Employment</b>	<b>Seedco</b>	Turning Point	Jamillah Jackson	901.405.7897	jjackson@seedco.org	Turning Point - Youth Re-Entry is a workforce program serving at-risk young adults age 18-24 who have experience engaging with the criminal justice system (juvenile record and/or adult convictions). Turning Point provides training, credentials, certifications and employment opportunities.
	<b>SRVS</b>	Empowerment & Volunteer Intake Program	Katictrice Barnes	901.312.6844	katictrice.barnes@srvs.org	SRVS is the largest non-profit in TN for people with disabilities. The Empowerment and Volunteer Intake Program strives to hire people who want to help people with disabilities live more fulfilling and independent lives. When referring interested clients to SRVS for a job, have the client apply for a "Direct Support Professional" position on the SRVS website and indicate that he/she is part of the "DTD program." Then, contact the SRVS contact and notify him/her that the application has been completed and submitted. SRVS will interview all potential employment candidates with a high school diploma or GED, can pass a drug screen, background check, and preferably have a valid driver's license. SRVS will hire those candidates 18 years or older with a valid driver's license, high school diploma or GED, can pass a drug screening, background check and demonstrate a willingness to work and are reliable. Clients may need to be stable in the Substance Abuse, Legal, Transportation/Mobility, and Client Relations Support Network domains before being referred to SRVS.

## Community and Referral Resources



4. Food and Nutrition	Organization	Program	Contact	Phone	Email	Program Description
	<p style="text-align: center;"><b>Catholic Charities of West TN</b></p>	<p style="text-align: center;">Fig Tree Emergency Services</p>	<p style="text-align: center;">Shamika Hodges</p>	<p style="text-align: center;">901.722.4708</p>	<p style="text-align: center;">shamika.hodges@acc.cdom.org</p>	<p>Fig Tree Emergency Services provides free emergency services of food and clothing to the homeless and impoverished populations in West Tennessee. We accept MIFA referrals, Monday - Friday 8:45 - 1:00. Walk-ins are approved on a case by case basis. Food Pantry hours: Monday - Friday 8:45 AM - 1:00 PM. Clothes Closet hours: Monday - Wednesday 8:45 AM - 12:00 PM.</p>
	<p style="text-align: center;"><b>Knowledge Quest</b></p>	<p style="text-align: center;">Green Leaf Learning Farm</p>	<p style="text-align: center;">Yolanda Manning</p>	<p style="text-align: center;">901.942.1512</p>	<p style="text-align: center;">ymanning@knowledgequest.org</p>	<p>Knowledge Quest seeks to help meet community needs. The Green Leaf Learning Farm helps families and individuals living in the 38126 and 38106 zip codes acquire food. When referring clients to the TTS contact, they may need to have proof of residence in the 38126 or 38106 zip code. Green Leaf Learning Farm is a certified USDA organic farm; promoting classes and workshops on wellness, health &amp; nutrition; includes Jay Uiberall Culinary Academy for high school students.</p>
	<p style="text-align: center;"><b>Memphis Dream Center</b></p>	<p style="text-align: center;">Generous House</p>	<p style="text-align: center;">Mona Tucker</p>	<p style="text-align: center;">901.751.0095</p>	<p style="text-align: center;">volunteer@memphisdreamcenter.com</p>	<p>The Generous House is a beautiful food pantry and clothing closet where all items are free or sold at reduced prices to those who qualify. You must have identification to qualify. Our weekly guests are treated with respect and dignity in an environment of joy and faith for a better future. Guests to Generous House may shop for food twice a month and clothing once a month. Guests may sign in between 10a–12p. When all guests who are signed in and served, we close for the day. Potential guests can get more information about hours and requirements by calling (901)737-9006.</p>
	<p style="text-align: center;"><b>Neighborhood Christian Center</b></p>	<p style="text-align: center;">Compassionate Ministries</p>	<p style="text-align: center;">Tammie McKuhn</p>	<p style="text-align: center;">901.881.6013</p>	<p style="text-align: center;">tammie@ncclife.org</p>	<p>Compassionate and Emergency services provide a number of services and emergency assistance for individuals and families experiencing hardship. Services include but are not limited to; emergency food pantry, clothes closet, furniture, and financial assistance referrals.</p>

## Community and Referral Resources



	Organization	Program	Contact	Phone	Email	Program Description
<b>5. Childcare</b>	<b>Kids Carousel of Learning</b>	Childcare	Carmen Flynn	901.386.8225	carmenflynn54@yahoo.com	Kids Carousel of Learning Center provides a safe, nurturing and developmentally appropriate program that fosters active learning and support for the whole child.
	<b>Raleigh Community Christian Child Care Center</b>	Child Care Ministry	Marsha Gant	901.385.9858	raleighcommunity@prodigy.net	The Raleigh Community Christian Child Care Center serves children 6 weeks to 5 years. We provide high-quality academic instruction in an evidence-based learning environment to prepare children for kindergarten as well as for life, in a wholesome and safe environment. Children must meet DHS requirements for enrollment. Please call for further information.
<b>6. Children Education</b>	<b>Goodwill Homes Community Services, Inc.</b>	Early Head Start	Frances Williams	901.789.1636	fwilliams@ghcs.biz	Program Eligibility: Low-income families that meet the Federal and State income guidelines. Early Head Start provides services to children 6 weeks to 30 months. The program engages children in age-appropriate activities to aid in their mental, social, emotional and physical development.
	<b>Harwood Center</b>	Education and Applied Behavior Analysis (ABA) Therapy	Allison Cannon	901.584.8281	allison.cannon@harwoodcenter.org	Harwood Center's specialized preschool services are offered to children beginning at the age of 18 months through the transition to kindergarten, who are experiencing delays in their development or have a diagnosed developmental disability.
	<b>Kids Carousel of Learning</b>	After School Tutoring	Carmen Flynn	901.386.8225	carmenflynn54@yahoo.com	Provides tutoring for elementary age children. We request at least 24 hour notice.
	<b>Knowledge Quest</b>	Extended Learning Academy	Jacqueline Scruggs	901.942.1512	jscruggs@knowledgequest.org	Knowledge Quest seeks to help meet community needs. The FSI - Extended Learning Academy program provides youth residing in the 38126 and 38106 zip codes with an option for quality after-school programming. When referring clients, they may need to have proof of residence in the 38126 or 38106 zip code.

## Community and Referral Resources



6. Children Education	Organization	Program	Contact	Phone	Email	Program Description
	<p style="text-align: center;"><b>Latino Memphis</b></p>	<p style="text-align: center;">Latino Student Success</p>	<p style="text-align: center;">Josh Metcalf</p>	<p style="text-align: center;">901.366.5882.118</p>	<p style="text-align: center;">josh@latinomemphis.org</p>	<p>Eligibility: High school and college students Latino Memphis' Latino Student Success (LSS) program features two components: Abriendo Puertas ("Opening Doors"), focused on college access and success that provides mentoring and leadership development opportunities to Latino high school and college students to increase postsecondary enrollment attainment.</p>
	<p style="text-align: center;"><b>Mid-South Veterans Help Desk</b></p>	<p style="text-align: center;">Future Veterans Youth Initiative</p>	<p style="text-align: center;">Joseph Tyler</p>	<p style="text-align: center;">901.230.9458</p>	<p style="text-align: center;">jtyler@vethelpdesk-midsouth.org</p>	<p>Future Veterans Youth Initiative is a military employment pathway initiative, purposed to help local area high school students interest in making the Armed Forces a career choice. We assist our students through the three (3) pathways to military service. We explore, counsel and advise each student of their rights, career paths and how to have a successful military career. The Vet Help Desk also provides ASVAB testing assistance, workshops, and counseling to parents and family members. This program is open to all local high school students interested in joining the US Armed Services. Students are not obligated to join the military or commit to any particular branch to benefit from our services.</p>
	<p style="text-align: center;"><b>New Ballet Ensemble and School</b></p>	<p style="text-align: center;">New Ballet Ensemble and School</p>	<p style="text-align: center;">Alexis Jackson</p>	<p style="text-align: center;">901.726.9225</p>	<p style="text-align: center;">alexis@newballet.org</p>	<p>Program Eligibility: Ages 3-18. Program Hours: Monday-Thursday 3pm -8pm   Saturday 9am-5pm. New Ballet Ensemble and School brings children together by providing equitable access to a professional standard of dance training, regardless of the ability to pay. New Ballet Ensemble works to allow every child the opportunity to dance, in a variety of styles, while also supporting their individual development personally, professionally and academically.</p>

## Community and Referral Resources



6. Children Education	Organization	Program	Contact	Phone	Email	Program Description
	<b>YMCA of Memphis &amp; the Mid-South</b>	Y-Cap Memphis	Khalilah Hudson	901.746.9411	khudson@ymcamemphis.org	Program Eligibility: Males between the ages of 10-15 who reside in 38111 and 38114 zip codes and attend one of our partnering schools. Y-CAP is a prevention/early intervention program that works to provide support, services and guidance to students who are struggling academically and behaviorally. This program works with the whole family providing support to the target student in an afterschool environment and to the parents and siblings in additional settings such as; family nights, home visits and school visits. Y-CAP operates 3-days a week, after-school and during the summer (target students). Parents and siblings attend once a month family night and participate in home visits as needed.
Y Achievers		Heather McLemore	901.398.2366	Heather.mclemore@ymcamemphis.org	Program Eligibility: Y Achievers serves youth in grades 6 thru 12. Y Achievers is an academic achievement/career development initiative purposed to help youth and teens set and pursue high educational goals. Our ultimate goal is to prepare youth for life beyond high school by providing developmentally based mentorship and workshop activities designed to give 6-12 grade students the tools needed to succeed in school, college, life and beyond. Y Achievers program hours are; Monday - Friday, 2:30 pm - 5:00 pm. Please call or visit the website for additional information.	



## Community and Referral Resources



7. Adult Education	Organization	Program	Contact	Phone	Email	Program Description
	Catholic Charities of West TN	Immigration Services	Chris Butson	901.722.4730	chris.butson@acc.cdom.org	Our Immigration Services program offers Naturalization Classes to Legal Permanent Residents to support their interview for citizenship. Classes teach limited English learners to increase their literacy skills, reading, writing, speaking and listening. There is a nominal, one-time fee for materials.
	Collierville Literacy Council	Adult Education - High School Equivalency	Penny Aronson	901.854.0288	p.aronson@colliervilleliteracy.org	Eligibility: Age 17 or older. High school equivalency preparation for English and Spanish speaking adult learners seeking to obtain their high school diploma by taking the HiSET (formerly GED) through one-on-one tutoring and small group workshops.
		Adult Education - Literacy/ABE	Pam DeMato	901.854.0288	p.demato@colliervilleliteracy.org	Eligibility: Age 17 or older. Basic literacy for adult learners needing to improve their reading, writing and math skills through one-on-one tutoring and small group workshops.
		English as a Second Language & Citizenship	Deborah Alvarez Petit	901.854.0288	d.petit@colliervilleliteracy.org	Eligibility: Age 17 or older. ESL - Helping adult learners read, write and speak English through one-on-one tutoring and conversation classes. Citizenship - An 11-week course teaching civics to adults going through the naturalization process.
	DeNeuille Learning Center	Adult Education for Women	Kim Neal	901.726.5902	kneal@deneuillecenter.org	Eligibility: Women 18 and older. Program Hours: Morning M-Th 9-12; Evening M-W 6:30-8:30; DeNeuille Learning Center provides high school equivalency, English as a Second Language, Citizenship Test prep and computer basic classes. Limited childcare services available to mothers while attending classes. Registration fee is \$20, additional fees vary, call for details.
	HopeWorks	Adult Education	Roberta Aldridge	901.396.8800	raldridge@whyhopeworks.org	The adult education program provides state-funded high school equivalency preparation and ESL classes to individuals 18 years and older. The courses are free and available during the day or evening. The adult education program covers all levels of reading, math, and an official practice test. Classes are held in over 30 locations covering 4 counties; Shelby, Tipton, Lauderdale, and Fayette. Each class meets 6 hours per week for approximately 8-14 weeks.

## Community and Referral Resources



7. Adult Education	Organization	Program	Contact	Phone	Email	Program Description
	<b>Memphis Urban League</b>	Workforce and Economic Development	Sandra Dallas	901.272.2491	sdallas@memul.org	<p>Memphis Urban League serves out of school young/young adults beginning at age 18. MUL accepts clients with criminal records and does not drug test as part of the program.</p> <p>Workforce and economic development (WED) provides a number of services including; job readiness, soft skills, career exploration, career counseling, professional development, occupational skills certification and job placement. Our goal is to provide assistance to clients as they move along the path to becoming economically self-sufficient.</p>
		Workforce and Economic Development – Save Our Sons	Sandra Dallas	901.272.2491	sdallas@memul.org	<p>Save Our Sons (SOS) provides training and employment opportunities for males, age 18 - 34. Save Our Sons offers a holistic approach for men who are often at the end of hope. Training includes but not limited to; financial literacy, parenting, family and leadership, criminal backgrounds, mental assessments, soft-skills and employment or educational tracks.</p>
	<b>Neighborhood Christian Center</b>	Family Enrichment & Adult Services - Women Empowered to Succeed	Linda Webster	901.324.5426	lwebster@ncclife.org	<p>Women Empowered to Succeed provides job, education and life skills training. The strategic goal of this program is to assist women with and improve their ability to become motivated, educated and gainfully employed in order to meet the economic, physical and emotional needs of their families.</p>
	<b>YWCA of Greater Memphis</b>	Education and Training Center	Reginald Taylor	901.948.8899	rtaylor@memphisywca.org	<p>YWCA education and training center provides job training, job readiness and GED preparation for adults 18 years or older.</p>

## Community and Referral Resources



8. Healthcare	Organization	Program	Contact	Phone	Email	Program Description
	<b>Meritan, Inc.</b>	Homemaker Services	Desiree Ramacus-Bushnell	901-766.0600	desireeramacus-bushnell@meritan.org	Services of the homemaker program include; personal care and immediate environmental needs. No age qualification. There may be an income limit. These services may be covered by insurance or other programs. Meritan accepts private pay, TennCare, VA, APS, ECF Choices (depending on payer source).
<b>9. Life Skills</b>	<b>Dress for Success Memphis</b>	Professional Suiting	Louise May	901.363.3100	Memphis@dressforsuccess.org	Eligibility: Women who have completed training/education programs. Our Suiting Programs are designed to give a woman the self-confidence she needs for a job interview by making sure she is properly attired. Clients are assisted in selecting an outfit and accessories that fit properly and are appropriate for the job she is applying for.
		Women N Transfer	Rhonda Treadwell	901.363.3100	Memphis@dressforsuccess.org	Eligibility: Employed clients, employment retention (within the first year of employment). The Professional Women's Group (PWG) connects members with one another through meetings that deliver meaningful and relevant information on topics that fall under the five pillars of the PWG core curriculum.
	<b>Knowledge Quest</b>	Family Stability Initiative (FSI)	Michelle Miller	901.681.8264	mmiller@knowledgequest.org	Knowledge Quest seeks to help meet community needs. Its FSI program helps families with children residing in the 38126 and 38106 zip codes. FSI provides wraparound case management services focused on basic needs and other family resources such as; referrals for housing, employment, etc. When referring clients, they may need to have proof of residence in the 38126 or 38106 zip code.
	<b>Meritan, Inc.</b>	HOPWA (Housing Opportunities for Persons with AIDS)	Desiree Ramacus-Bushnell	901.766.0600	Desireeramacus-bushnell@meritan.org	The Housing Opportunities for Persons with AIDS (HOPWA) program provides assistance to people affected by HIV/AIDS in the form of, short-term rent, mortgage and utility assistance. Must have HIV or AIDS or live with a family member who has HIV or AIDS. The program also provides housing information services including counseling, information and referrals to assist eligible individuals. Additional services include assistance with in-home supports, transportation/errands, personal care and other supportive services as needed.

## Community and Referral Resources



	Organization	Program	Contact	Phone	Email	Program Description
<b>9. Life Skills</b>	<b>Neighborhood Christian Center</b>	Compassionate Ministries	Tammie McKuhn	901.881.6013	tammie@ncclife.org	Compassionate and Emergency services provide a number of services and emergency assistance for individuals and families experiencing hardship. Services include but are not limited to; emergency food pantry, clothes closet, furniture, and financial assistance referrals.
	<b>YMCA of Memphis &amp; the Mid-South</b>	Y Achievers	Heather McLemore	901.398.2366	Heather.mclmore@ymcamemphis.org	Program Eligibility: Y Achievers serves youth in grades 6 thru 12. Y Achievers is an academic achievement/career development initiative purposed to help youth and teens set and pursue high educational goals. Our ultimate goal is to prepare youth for life beyond high school by providing developmentally based mentorship and workshop activities designed to give 6-12 grade students the tools needed to succeed in school, college, life and beyond. Y Achievers program hours are; Monday - Friday, 2:30 pm - 5:00 pm. Please call or visit the website for additional information.
<b>10. Family Relations/Support</b>	<b>Big Brothers Big Sisters of the Mid-South</b>	Amachi	Yolanda Webb	901.323.5440.20	ywebb@bbbsmidsouth.org	Program Eligibility: Children between the ages of 6-17 that have a parent who is currently incarcerated. The Amachi program pairs children of incarcerated parents with mentors. This program offers a proven and effective approach to break the cycle of intergenerational incarceration.
		Community Base	Yolanda Webb	901.323.5440.20	ywebb@bbbsmidsouth.org	Program Eligibility: Children between the ages of 6 and 17 years old. The Community Base program is the traditional Big Brothers Big Sisters mentoring program. Volunteers spend time with a child for two or three hours, two or three times a month in the community.

## Community and Referral Resources



10. Family Relations/Support	Organization	Program	Contact	Phone	Email	Program Description
	<b>Big Brothers Big Sisters of the Mid-South</b>	Site/School Base	Yolanda Webb	901.323.5440.20	ywebb@bbbsmidsouth.org	Program Eligibility: Children between the ages of 6 and 12 years old. Volunteer and child meet for one-to-one mentoring in the afterschool program at partnering schools. The "matches" meet in the school library, neighborhood community center or other set location. The meetings typically happen once a week or every other week to read together, play sports, computer games or talk about life and personal issues.
	<b>Latino Memphis</b>	El Centro	Jeremie Serrano	901.366.5882	jeremie@latinomemphis.org	El Centro ("The Center"), our Resource Center is the backbone of our organization, acting as a trusted resource for many Latinos as they attempt to find answers to any number of issues, from filling out government forms to finding help for domestic violence. El Centro staff carefully evaluate each client's unique circumstances and refer the client to a partner organization that can meet his or her needs.
	<b>Memphis Child Advocacy Center</b>	Victim Advocacy	Charlotte Jones	901.888.4396	cjones@memphiscac.org	Program Eligibility: Child(ren) identified as sexual abuse victims via an investigation by DCS and/or law enforcement. The victim advocacy program provides support, psychoeducation, and assistance with access to community resources for non-offending caregivers of children identified as sexual abuse or severe physical abuse victims by DCS and/or law enforcement. Call or visit our website for additional information.

## Community and Referral Resources



10. Family Relations/Support	Organization	Program	Contact	Phone	Email	Program Description
	<p style="text-align: center;"><b>One by One Ministries</b></p>	<p style="text-align: center;">Mentoring</p>	<p style="text-align: center;">Marion Weaver</p>	<p style="text-align: center;">901.857.1153</p>	<p style="text-align: center;">mweaver@onebyoneuse.org</p>	<p>One by One Ministries mentors and educates new moms to parent well so that children thrive. Participants are eligible for our program anytime during pregnancy and until the baby is 3 months old. Our faith-based program matches moms with mentors who provide support and parenting education. Mentors meet with clients monthly, weekly contacts by phone or text beginning prenatally and continuing until the child's 1st birthday (with the option of continuing for a second year). Mentors encourage adherence to regularly scheduled doctor health and safety issues; teaches activities to be done with the child to promote development; help the client connect with community resources. Mentoring visits are based on the availability of the client and mentor.</p>
<p style="text-align: center;"><b>YMCA of Memphis &amp; the Mid-South</b></p>	<p style="text-align: center;">Y-Cap Memphis</p>	<p style="text-align: center;">Khalilah Hudson</p>	<p style="text-align: center;">901.746.9411</p>	<p style="text-align: center;">khudson@ymcamemphis.org</p>	<p>Program Eligibility: Males between the ages of 10-15 who reside in 38111 and 38114 zip codes and attend one of our partnering schools. Y-CAP is a prevention/early intervention program that works to provide support, services and guidance to students who are struggling academically and behaviorally. This program works with the whole family providing support to the target student in an afterschool environment and to the parents and siblings in additional settings such as; family nights, home visits and school visits. Y-CAP operates 3-days a week, after-school and during the summer (target students). Parents and siblings attend once a month family night and participate in home visits as needed.</p>	

## Community and Referral Resources



12. Community Involvement	Organization	Program	Contact	Phone	Email	Program Description					
	<b>Dress for Success Memphis</b>	Professional Women’s Group	Maya Wallace	901.363.3100	Memphis@dressforsuccess.org	Eligibility: Employed clients, employment retention (within the first year of employment). The Professional Women's Group (PWG) connects members with one another through meetings that deliver meaningful and relevant information on topics that fall under the five pillars of the PWG core curriculum.					
						<b>Goodwill Homes Community Services, Inc.</b>	Adult Day Care	Vallery Young	901.789.8355	vyoung@ghcs.biz	Eligibility: Must have a physical, mental or emotional disability and meet income requirements. The Adult Day Care program is for individuals 60 years and older and younger adults 18 and older. The program is designed to prevent premature and inappropriate institutionalization.
											Foster Care
Senior Center	Vallery Young	901.789.8355	vyoung@ghcs.biz	Eligibility: Must meet income eligibility guidelines. Provides socialization and activities for individuals 60 years and older. The Senior Center is designed to assist clients with healthy lifestyle information and choices.							

## Community and Referral Resources



12. Community Involvement	Organization	Program	Contact	Phone	Email	Program Description
	<b>Mid-South Veterans Help Desk</b>	Military-Veteran Community Connect	Joseph Tyler	901.230.9458	jtyler@vethelpdesk-midsouth.org	<p>The Military-Veteran Community Connect is a community-based coalition of local active military, veteran support, and veteran service organizations. Vet-Connect provides planning and service coordination to many organizations such as, but not limited to; active, guard and reserve units, the VAMC, nonprofit and community partners with a veteran program, the government and nation veteran service organizations. The function of this program is to develop a National Standard of Care for returning and transitioning veterans and their families. Military-Veteran Community Connect is open to anyone or entity that wishes to support the veteran community.</p>
	<b>Mid-South Veterans Help Desk</b>	Veterans First Sergeant's Program	Joseph Tyler	901.230.9458	jtyler@vethelpdesk-midsouth.org	<p>The Mid-South Veterans Help Desk is a resource center responsible for assisting local area Active Duty, Guard/Reserve, Veterans and their dependents with transitional care management. We offer a continuum of care for life after military service through case management and mentorship through peer counseling. Our priority is to be advocates first, to educate, help re-integrate and provide direct and/or referral services. Services and training include; VA eligibility, enrollment assistance, disability claims/counseling, VA benefits, VA healthcare, readjustment counseling, spouse and survivors support, employment and workforce development. Eligibility: Clients do not have to be members of the Armed Forces or Veteran community. However, if identified as military, veteran, spouse or dependent we ask that provide a copy of the veterans DD214 or Active Military ID. Veterans do not have to be honorably discharged to receive services.</p>



## Community and Referral Resources



<b>13. Parenting Skills</b>	Organization	Program	Contact	Phone	Email	Program Description
	<b>Families Matter</b>	Parenting	Kheli Pearson	901.260.8521	kheli.pearson@christchs.org	Open to all parents who seek to establish healthier relationships. Families Matter seeks to help families establish healthy marriages and families. We offer parenting classes that train men and women to be responsible for their children and the person/people with whom they co-parent. The parenting class also offers training to help non-custodial parents understand how to remain in the lives of their children. The overarching goal of this program is to teach parents how to support their children into becoming the successful people they want them to be.
	<b>Knowledge Quest</b>	Universal Parenting Place	Tera Brownlee	901.207.3694	tbrownlee@knowledgequest.org	Available for all parents. Knowledge Quest seeks to help meet community needs. Its Universal Parenting Place program helps people living in any zip code acquire well-developed parenting skills by offering individual counseling sessions with a licensed therapist and other parent-centered intervention activities and resources.
	<b>LeDujour HERO Village of the Mid-South</b>	Le Dujour Education and Academic Support	Vachenzia McKinney	901.443.0913	communications@ledujour.org	The aim of this program is to maximize student/parent comprehension of educational needs and resources while improving individual student planning. This is accomplished by targeted workshops which emphasize effective parenting techniques and student academic, career, and social productivity in the following areas: Maximizing Academic Potential, Improving Discipline & Morale, Academic and Behavior Interventions, Post-Secondary Decision Making, Leadership Skills and Leadership & Entrepreneurship Development.
	Le Dujour Healthier Living	Vachenzia McKinney	901.443.0913	communications@ledujour.org	This program connects the underlying threads between physical issues and mental health issues. Local mental and physical health specialists, financial and legal experts, and faith-based leaders work collaboratively to help people of all ages learn how to overcome or address difficult situations including: Disease Prevention & Rehab: Addresses Obesity, Heart Disease, Diabetes, Cancer, & Stroke, Exercise & Nutrition• Living With HIV• Teen Pregnancy Prevention• Improving Mental Wellness• Suicide Prevention	

## Community and Referral Resources



13. Parenting Skills	Organization	Program	Contact	Phone	Email	Program Description
	<p><b>LeDujour HERO Village of the Mid-South</b></p>	<p>Le Dujour Relationship Building</p>	<p>Vachenzia McKinney</p>	<p>901.443.0913</p>	<p>communications@ledujour.org</p>	<p>According to the Tennessee Family Safety Center, poverty and lack of available shelters force families to stay in unhealthy relationships and environments creating a cycle of dysfunction. In order to break the cycle of dysfunction, we address unhealthy relationships to provide alternatives through: • Child Abuse Prevention • Domestic Violence Awareness • Nurturing Parent Intervention Program • Sexual Assault Awareness • Social Etiquette • Conflict Resolution</p>
14. Legal	<p><b>Catholic Charities of West TN</b></p>	<p>Immigration Services</p>	<p>Chris Butson</p>	<p>901.722.4730</p>	<p>chris.butson@acc.cdom.org</p>	<p>Direct immigration services are targeted to low-income immigrants and their families. Our Immigration Services program offers low cost, comprehensive immigration counseling services addressing our clients' basic needs, as well as their legal immigration concerns. Direct services and legal referrals are available to refugees and immigrants who reside in West Tennessee. Clients need to call or email to explain what immigration services they are seeking. If we could possibly assist them, they will make a consultation appointment. There is a nominal consultation fee at the time of the appointment with the legal representative.</p>
	<p><b>Community Legal Center</b></p>	<p>CLC Memphis Civil Program</p>	<p>Kerry Krauch</p>	<p>901.543.3395</p>	<p>kerryk@clcmemphis.org</p>	<p>The Civil Program operates by first having a potential client call us and explain their case and their desired outcomes to an intake coordinator. If a client needs to be referred to a program extension, like the Elder Law Program or Pro Se Divorce Clinic, the intake coordinator directs them to these services. If a potential general civil client has a type of case that we take, that person is scheduled for an intake meeting with a staff attorney. During the meeting the client pays a low, intake fee based on family size and income and explains the elements of their case. Our staff attorneys will assist them by accepting their case (in which case we charge a low sliding scale fee) or by giving brief legal advice.</p>

## Community and Referral Resources



<b>14. Legal</b>	Organization	Program	Contact	Phone	Email	Program Description
	<b>Community Legal Center</b>	CLC Memphis Immigrant Justice Program	Emily Stotts	901.543.3395	emilys@clcmemphis.org	<p>The Immigrant Justice Program operates by first having a potential client call us and explain their case and their desired outcomes to a bilingual intake coordinator by phone. Afterwards, if a potential client has a case that we may be able to assist with, that client is scheduled for an initial consult meeting. During the meeting the client pays a modest intake fee and meets with a staff attorney. From here one of our staff attorneys will assist them by taking their case (in which case we charge a sliding scale fee based on family size and income), or (if we cannot take the case) referring them to a private attorney. In some cases they will be referred to a pro bono attorney who can handle their case free of charge.</p>
	<b>Latino Memphis</b>	Derechos	Stacie Hammond	901.356.1661	stacie@latinomemphis.org	<p>Eligibility: By appointment and upon acceptance. Immigrant Legal Services Derechos (Rights) is our informal name for the Immigrant Rights Defense Center (IRDC), Latino Memphis' in-house immigration legal practice that provides a full range of services to low-income clients for a nominal fee.</p>
	<b>Mid-South Community Justice &amp; Mediation Center, Inc. (CJAM)</b>	Mediation Services	Linda Harris	901.609.5269	Linda.harris@cjammediation.org	<p>Eligibility: Meet income qualifications or court referral to mediation. Community Mediation is an accessible conflict resolution service. Our Community Mediation services make more sense than using the courts, the cost is based on your ability to pay. CJAM does not offer legal services or provide legal advice. Our mediators are not judges and remain impartial during the confidential sessions. We help those involved in disputes talk to one another, allowing them to resolve the situation and reach an agreement.</p>

## Community and Referral Resources



	Organization	Program	Contact	Phone	Email	Program Description
<b>15. Mental Health</b>	<b>Alliance Healthcare Services</b>	Mental Health Program	Brenda Watson	901.354.7364	bwatson@alliance-hs.org	Alliance Healthcare Services is a not-for-profit community mental health center with locations throughout Memphis. AHS offers an array of individualized mental health treatment options for those with behavioral health needs. AHS accepts Medicare and TennCare, and can initiate Behavioral Health Safety Net for the uninsured. No private insurance accepted. When making referral to TTS contact, ensure AHS accepts client's insurance, and instruct the client to bring insurance card, and if applicable, a list of current medications and diagnoses. If uninsured, please bring proof of income, proof of residency, and picture ID.
	<b>Knowledge Quest</b>	Universal Parenting Place	Tera Brownlee	901.207.3694	tbrownlee@knowledgequest.org	Knowledge Quest seeks to help meet community needs. Its Universal Parenting Place program helps people living in any zip code acquire well-developed parenting skills by offering individual counseling sessions with a licensed therapist and other parent-centered intervention activities and resources.
	<b>Memphis Child Advocacy Center</b>	Therapy	Kim Byars	901.888.4351	kbyars@memphiscac.org	Program Eligibility: Children ages 3-17 who have disclosed sexual abuse or severe physical abuse in the course of a DCS and/or law enforcement investigation. Our therapy program provides trauma-focused therapy for child victims of sexual abuse or severe physical abuse.
<b>16. Substance Abuse</b>	<b>Alliance Healthcare Services</b>	Substance Abuse Program	Brenda Watson	901.354.7364	bwatson@alliance-hs.org	Alliance Healthcare Services is a not-for-profit community mental health center with locations throughout Memphis. AHS offers an array of individualized mental health treatment options for those with behavioral health needs and substance use disorders. Outpatient individual and group therapy options are offered, as well as medical detox via AHS Crisis Stabilization Unit. AHS accepts Medicare and TennCare, and can initiate Behavioral Health Safety Net for the uninsured. No private insurance accepted. When making referral to TTS contact, ensure AHS accepts client's insurance, and instruct the client to bring insurance card, and if applicable, a list of current medications and diagnoses. If uninsured, please bring proof of income, proof of residency, and picture ID.

## Community and Referral Resources



16. Substance Abuse	Organization	Program	Contact	Phone	Email	Program Description
	<p style="text-align: center;"><b>Grace House of Memphis Grace House of Memphis</b></p>	<p style="text-align: center;">Grace House of Memphis Intensive Outpatient Treatment Program</p>	<p style="text-align: center;">Lauren Hearne, RN</p>	<p style="text-align: center;">901.722.8460</p>	<p style="text-align: center;">Laurenhearne@gracehouseofmemphis.org</p>	<p>Eligibility: Adult women age 18 and up whose life is being negatively impacted by the use of alcohol and/or drugs or co-occurring substance abuse and mental disorders. Adult Intensive Outpatient is a structured nonresidential treatment program that consists of multiple face-to-face therapeutic contacts per week. This is a less intense treatment model for women with substance abuse related disorders who cannot be treated exclusively in an inpatient setting. The outpatient service provides women with an intensive and ongoing treatment program designed to assist in modifying problem behavior and in acquiring the skills necessary to live as independently as possible and/or minimize her deterioration in the community.</p>
<p style="text-align: center;">Grace House of Memphis Residential Rehabilitation</p>		<p style="text-align: center;">Lauren Hearne, RN</p>	<p style="text-align: center;">901.722.8460</p>	<p style="text-align: center;">laurenhearne@gracehouseofmemphis.org</p>	<p>Eligibility Requirements: Adult women age 18 and up, whose life has been negatively impacted by the use of alcohol and /or drugs or co-occurring substance abuse and mental disorders. Social Detox, High and Medium Intensity Residential Treatment. Based on client's needs, usually 3 to 6 months in duration. Clinically-Managed High and Medium Intensity Residential Rehabilitation Services are for women with co-occurring addiction and mental health disorders. These services are designed to restore the severely dysfunctional alcohol and/or drug dependent woman to more appropriate levels of functioning. Grace House provides these services in a home-like setting. Structured therapy includes counseling sessions, attendance and participation in seminars each week. Treatment includes trauma and grief resolution. In addition, a variety of Recovery Support Services such as life skills education are offered. Special attention is given to co-occurring mental diagnoses. Clients are referred to community mental health centers for assessment and psychiatric medication management. Grace House provides medication monitoring, mental health education, techniques to manage stress and anxiety with emphasis on the importance of managing both the alcohol and drug addictions and the mental health disorders simultaneously.</p>	

## Community and Referral Resources



16. Substance Abuse	Organization	Program	Contact	Phone	Email	Program Description
	<b>Memphis Recovery Centers, Inc.</b>	Adult Program	William Salsberry	901.272.7751	<a href="mailto:wsalsberry@memphisrecovery.com">wsalsberry@memphisrecovery.com</a>	<p>Eligibility: Ages 18+ dealing with substance use, abuse and dependency. Residential Treatment Program is 24/7; Partial Hospitalization Program is 7 days per week, 9am-5pm Sunday-Saturday; Intensive Outpatient Program is 5 days per week, 9am-12pm. Admissions Office is open Monday-Thursday, 8am-5pm, and Fridays 8am-4:30pm. Memphis Recovery Centers (MRC) Adult Program provides professional treatment of drug and alcohol dependency for teens in a caring and confidential atmosphere. We offer both residential and outpatient treatment, depending on the needs of the individual. MRC also supports those who experience co-occurring mental illness and substance use disorders, by integrating dual diagnosis treatment into the program. Our programs are successful through the use of an intensive family component, behavioral modification program, evidenced-based treatment model, and multiple counseling modalities, the staff attempt to foster long-term successes. Following residential treatment, the Adult Program provides each interested client with a 6-month nonresidential Aftercare Program intended to aid in the transition of each client from treatment and back into their home and community.</p>

## Community and Referral Resources



16. Substance Abuse	Organization	Program	Contact	Phone	Email	Program Description
	<b>Memphis Recovery Centers, Inc.</b>	Youth Program	William Saulsberry	901.272.7751	wsaulsberry@memphisrecovery.com	<p>Eligibility: Ages 13-17 dealing with substance use, abuse and dependency. Memphis Recovery Centers (MRC) Youth Program provides professional treatment of drug and alcohol dependency for teens in a caring and confidential atmosphere. We offer both residential and outpatient treatment, depending on the needs of the individual. MRC also supports those who experience co-occurring mental illness and substance use disorders, by integrating dual diagnosis treatment into the program. Our programs are successful through the use of an intensive family component, behavioral modification program, evidenced-based treatment model, and multiple counseling modalities, the staff attempt to foster long-term successes. Following residential treatment, the Youth Program provides each interested family with a 6-month nonresidential Aftercare Program intended to aid in the transition of each child from treatment and back into their home and community. Admissions Office is open Monday-Thursday, 8am-5pm, and Fridays 8am-4:30pm. Residential Treatment Program is 24/7; Partial Hospitalization Program is 7 days per week, 9am-5pm Sunday-Saturday; Intensive Outpatient Program is 5 days per week, 9am-12pm</p>

## Community and Referral Resources



	Organization	Program	Contact	Phone	Email	Program Description
<b>16. Substance Abuse</b>	<b>Synergy Treatment Centers</b>	One Year Residential Substance Abuse and Co-Occurring Treatment Program	Intake Coordinator	901.333.2227.226	synergy@synergytc.org	Synergy Treatment Centers provides one-year residential substance abuse treatment services to adults with chronic addictions and co-occurring mental health disorders. Criteria for program admission is the ability and willingness to participate in therapeutic work and job training activities as part of the treatment process. Additional information about the program can be found on the agency's website. The Intake Coordinator may be reached at 901-332-2227 x226.
<b>18. Disabilities</b>	<b>WorkSteady Works</b>	Job Readiness, Job Placement & Support Services For Social Security SSI & SSDI Beneficiaries	Angela Sampson	901.502.1443	angela@worksteadywoks.com	Assist Individual in accomplishing long-term employment leading to self-sustainability. During the process, this program provides protection of benefits during the trial work experience and health care of individual giving them milestone to reach before benefits are completely relinquished. If a relapse or disability is adversely affected by employment and benefits have been reduced or ceased, this program give them a fast track back to benefits payments. This program also provides, not just job placement, but support and guidance during employment encouraging goals and monitoring goals for successful accomplishments.



## Community and Referral Resources



	Organization	Program	Contact	Phone	Email	Program Description
<b>19. Credit/Financial Management</b>	<b>RISE Foundation</b>	Save Up / Common Cents	Karen Madlock	901.507.6644	karen@risememphis.org	RISE provides financial literacy classes. The Save Up and Common Cents programs teach clients who live in Shelby County to develop and manage a budget in order to save. Save Up classes take four cohorts of 25 through each year. Following an orientation, cohorts meet every Thursday night from 5:30 to 8:30 for six weeks. Then, Save Up participants move into the savings club portion and save for up to 18 months to make an asset purchase. When making a Save Up referral please be sure that a Save Up class is available the Thursday that you desire, as Save Up classes are not held every Thursday. Common Cents classes are scheduled as needed for clients who live in the 38126 zip code. When scheduling classes for Common Cents, please advise clients that they may need to show proof of residency within the 38126 zip code. For Save Up, they can live anywhere in Shelby County.
	<b>United Housing</b>	United Housing Homebuyer Education	Valerie Peterson	901.272.1122	vpeterson@uhinc.org	Instruction on home purchase and financial counseling.
<b>20. Spirituality</b>	<b>Neighborhood Christian Center</b>	Family Enrichment and Adult Services - Women Empowered to Succeed	Linda Webster	901.321.5426	lwebster@ncclife.org	Women Empowered to Succeed provides job, education and life skills training. The strategic goal of this program is to assist women with and improve their ability to become motivated, educated and gainfully employed in order to meet the economic, physical and emotional needs of their families.
		Family Enrichment Services	Linda Webster	901.881.6013	lwebster@ncclife.org	Family Enrichment Services program seeks to empower the family by providing the following services; early childhood, adult and family counseling and ongoing support to help maintain stable and healthy families.